

Books

RECOMMENDATION

Money Mindset /Entrepreneurship

- #girlboss - Sophia Amoruso
- Linchpin: Are you Indispensable ? - Seth Godin
- You are a badass at making money - Jen Sincero ✨
- Think and grow Rich - Napoleon Hill
- Happy pocket full of money - David Cameron Gikandi
- The soul of money - Lynne Twist

Love / relationships (to self/others).

- Mastery of love - Don Miguel Ruiz ✨
- The bingo theory - Mimi Ikonn
- Non-violent communication: a language of Compassion - Marshall Rosenberg ✨
- The 5 language of love - Gary Chapman
- Radical Honesty - Brad Blanton
- The ethical slut - Janet W. Hardy & Dossie Easton ✨
- Being me loving you - Marshall Rosenberg
- Getting past the pain between us - Marshall Rosenberg
- Dear Lover - David Deida

Books

RECOMMENDATION

Self-help / Inspiring / Spirituality

- Mastery of self: a toltec guide to personal Freedom - Don miguel Ruiz Jr.
- The power of now - Eckhart Tolle
- A New Earth: Awakening to your life's Purpose - Eckhart Tolle
- The soul of the world - Frederic Lenoir
- Top 5 regrets of the dying - Bronnie Ware
- Rise sister rise - Rebecca Campbell ✨
- Big magic - Elizabeth Gilbert
- The subtle art of not giving a f*ck - Mark Manson
- The 4 toltec agreements - Don Miguel Ruiz
- Daring Greatly - Brene Brown ✨
- You can heal your life - Louise Hay
- Untamed - Glennon Doyle ✨
- Women don't owe you pretty - Florence Given
- Spiritually sassy - Sah d'simone
- Witch - Lisa Lister
- Ask and it is given - Esther and Jerry hicks

Books

RECOMMENDATION

Self-help / Inspiring / Spirituality

- Witches, sluts, feminists - Kristen J. Sollee
- Caged no more: Wisdom From Women Who Broke Free From Societal Constraints - Sanctuary Publishing
- Becoming - Azrya & Benjamin Bequer ✨
- Think indigenous - Doug Good Feather
- Pussy: a reclamation - Regena Thomashauer
- The alchemist - Paulo Coelho
- The untethered Soul - Michael A. Singer
- Becoming supernatural - Dr Joe dispenza
- You're a Goddess - Sophie Bashford

Poetry / fiction

- The rose that blooms in the night - Allie Michelle ✨
- The prophet - Kahlil Gibran
- She dreams when she bleeds - Nikki Tajiri
- Forty Rules of Love - Elif Shafak ✨

FAVORITE Podcasts

Podcasts

- Full Circle with Lika - Lika Holy holistic (a.k.a me) ✨
- Manifestation Babe - Kathrin Zenkina
- Deja Blu podcast - Blu ✨
- Authentic Sex with Juliet Allen - Juliet Allen
- Holistic Life Navigation - Luis Mojica ✨
- Natalia Benson - Natalia Benson
- Love, sex and freedom - Embodied awakening academy
- Aubrey Marcus Podcast - Aubrey Marcus
- How I built this - Guy Raz
- In my non-expert opinion - Chelsea Riffe
- Unlocking us with Brene Brown

✨ *Even though I ADORE all the above recommendations (dah ! that's why I recommend it!) the starred ones are my ULTIMATE favorites*